



BINGO

Spring Edition

USE #LADABINGO TO PLAY (ONLY 1 POST PER DAY)
 & MUST TAG @LADANCEWPG ON INSTAGRAM OR L.A. DANCE ACADEMY WINNIPEG ON FACEBOOK

PRACTICE YOUR RECITAL DANCES	LEARN A COMBO FROM AN LADA TEACHER VIA INSTAGRAM (YOU CAN EVEN TRY A NEW GENRE!)	MODEL YOUR LADA GEAR OR RECITAL COSTUME(S) WITH A RUNWAY WALK (MUSIC AND FAMILY PARTICIPATION ENCOURAGED!)	20 SIT UPS 20 PUSH UPS	CREATE YOUR OWN CHOREOGRAPHY
FOLLOW US ON TIK TOK: LADANCEACADEMY	CLEAN OUT AND REORGANIZE YOUR DANCE BAG	DESIGN AND DRAW YOUR DREAM DANCE COSTUME	TEACH A SIBLING OR PARENT A DANCE MOVE OF YOUR CHOICE	LEARN A TIC TOK DANCE
SHARE YOUR FAVOURITE DANCE MOMENT FROM THIS YEAR WITH US	SET UP YOUR OWN CIRCUIT WORK OUT (4 STATIONS, 1 MIN AT EACH)	 FREE SPACE	PRACTICE YOUR RECITAL DANCES	TELL US WHAT YOU LOVE ABOUT LA DANCE ACADEMY
STRETCH FOR 20 MINUTES	TEACH A SIBLING OR PARENT A DANCE MOVE OF YOUR CHOICE	FREESTYLE TO A SONG OF YOUR CHOICE	CREATE AND DEMONSTRATE A NEW DANCE MOVE, BE SURE TO TELL US THE NAME OF THIS NEW STEP!	MAKE A LIST OF TOP 5 DANCE GOALS
MODEL YOUR LADA GEAR OR RECITAL COSTUME(S) IN 5 DIFFERENT POSES	MAKE A TIK TOK THAT MENTIONS LA DANCE ACADEMY. GET CREATIVE!	30 SIT UPS 30 PUSH UPS	LEARN A COMBO FROM AN LADA TEACHER VIA INSTAGRAM (YOU CAN EVEN TRY A NEW GENRE!)	DO PLANK FOR 45 SECONDS WITH A SIBLING OR PARENT